



WHAT TYPE OF LEARNER ARE YOU?

Review the boxes below and reflect on the different learner types!

Which learner type do you relate to the most?

Strengths:

- Learn best when involved in 'doing'
- Games
- Team tasks
- Role playing
- Discussion

Weaknesses:

- Lectures/explanations
- Assigned readings
- Writing/thinking on their own
- Analyzing data

ACTIVIST

Strengths:

- Problem solving
- Decision making
- Practical applications

Weaknesses:

- When objectives and instructions unclear
- No payback to learning
- Heavy in theory

PRAGMATIST

Strengths:

- Review/think about what has happened
- Look at information in different ways
- Draw conclusions
- Solve problems

Weaknesses:

- Leading activities
- Role play in front of others
- Being rushed
- Doing things with no preparation

REFLECTOR

Strengths:

- Applying theories
- Analyzing and synthesizing
- Models, concepts, and facts
- Complex situations

Weaknesses:

- Learning without instruction
- Participate in activities involving emotions/ ambiguous objectives
- Learn less when out of tune with group

THEORIST

